



COACHING PROGRAMS FOR INDIVIDUALS

Unlock your power from within



Understand your DNA

Understand your style, your experience, your capability, your values, your culture and your improvement opportunities. What problem do you really want to solve?



Stare into your environment

Stare into where you work and who you do it for. Why do colleagues and clients believe in you? Who is your competition? How is your environment being disrupted / changing?



Adopt a positive mindset

Positive organisation scholarship. We will start with your strengths and together test ways for you to continuously improve using them as a basis. You are not broken. it is quite the opposite



Reflect, celebrate & refine

Reflect on your growth, celebrate what you're achieving, critique what is not working and develop a continuous improvement habits

Coaching Relationships



Career focused professionals looking to accelerated their progression



Owners and Executives looking to grow their business and build resilience



Entrepreneurs looking to explore what's possible and start up effectively

Values



Put those you love first



Be humble and respectful



Be curious and tenacious



Celebrate helping others

Vitals



Free Introductory session



Onsite / Offsite and flexible hours



Available across eastern Australian seaboard



Packages can be tailored to any individual needs